

High School Football Preview

GP Glacier Peak Grizzlies are on page 8
M Monroe Bearcats are on page 9

SCHEDULES

Snohomish Panthers

- Friday, Sept. 13 vs. Glacier Peak
- Friday, Sept. 20 @ Sedro Woolley
- Friday, Sept. 27 vs. Stanwood
- Friday, Oct. 4 vs. Mount Vernon
- Friday, Oct. 11 vs. Ferndale
- Friday, Oct. 18 @ Oak Harbor
- Friday, Oct. 25 @ Marysville-Getchell

All games are at 7 p.m. unless otherwise noted

Everett Seagulls

- Friday, Sept. 13 vs. Shorecrest, 5 p.m.
- Friday, Sept. 20 vs. Edmonds-Woodway, 8 p.m.
- Friday, Sept. 27 @ Monroe
- Friday, Oct. 4 @ Shorewood
- Friday, Oct. 11 @ Meadowdale, 5 p.m.
- Friday, Oct. 18 vs. Mountlake Terrace, 5 p.m.
- Friday, Oct. 25 vs. Cascade
- Friday, Nov. 8 @ Lynnwood, 5 p.m.

All games are at 7 p.m. unless otherwise noted

Panthers hopeful for successful season

By **NATHAN WHALEN**
contributing writer

With nine starters returning on offense and six returning on defense, Snohomish is looking to compete for a 3A league title this season.

"I believe we're going to be more successful than what people think," head coach Joey Hammer said.

"Nothing is going to surprise me with these guys," he said, considering how much Friday night experience the team brings.

Snohomish was plagued with injuries early in the season, Hammer said. They went 2-8 overall in 2023.

Senior David Hammer will play quarterback for the Panther's pro-style offense. Snohomish's offense uses as-



Tim Stiles 2023 photo

pects of a spread that Coach Hammer described as similar to a run-and-shoot.

The offense benefits from the presence of Parker Jackson and offensive linemen Joseph Chapman and David Ross. Hammer also highlighted the efforts of senior Sylas Green and sophomore

Ty Tautolo.

Seth Abood plays tight end and defensive end. "He's that motor that is relentless."

Snohomish runs a 4-4 defense and Hammer said players on defense are "bringing a ton of energy."

Plus there's strong safety Bridger Ulrich, nose guard

Dean Ward and offensive lineman and defensive lineman Jason Marshall.

"You got to have 11 dudes owning their role to get it done," Hammer said.

The Panthers this year move into the Wesco North 3A from the Wesco South 3A, while Arlington and Cascade moved up to 4A this year.

Hammer called it a strong conference.

The team opened its season traveling to West Seattle Stadium to face Seattle Prep, taking a tough 48-0 loss.

The Panthers face cross-town rival Glacier Peak for the Dick Armstrong Cup Sept. 13. Hammer said Glacier Peak has won the game every year. He hopes to change that.

"It's about time to bring the cup," Hammer said.

Everett High Seagulls looking to soar

By **MERRICK PARNELL**
contributing writer

The Everett High Seagulls' head coach Mark Stewart brings a wealth of experience to the sideline and hopes to translate that on the field. They're aiming to im-

prove on a 3-7 record from last season. Everett will be moving forward without key graduating players such as fullback/defensive lineman Even Hartt, quarterback/running back Mikey Noland and lineman Jonah Schmid.

This season, the Seagulls

will rely on new key contributors, including tight end and safety Sam Tracy, linebacker Anthony Meyers and lineman Riley Morris. The Seagulls' roster has expanded to 60 players, up from last year's 50.

Coach Stewart is also looking for solid performances

from sophomore quarterback Kai Schmidt, who will be stepping into the "QB1" role.

During the offseason, Everett High School participated in 7-on-7 leagues and summer workouts, along with

See SEAGULLS, page 9

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SCHEDULES

Glacier Peak Grizzlies

- Friday, Sept. 13 @ Snohomish
- Friday, Sept. 20 @ Mariners
- Saturday, Sept. 28 vs. Post Falls, 4 p.m.
- Friday, Oct. 4 @ Lake Stevens
- Friday, Oct. 11 @ Cascade
- Friday, Oct. 18 vs. Arlington
- Friday, Oct. 25 vs. Jackson
- Friday, Nov. 1 @ Kamiak

All games are at 7 p.m. unless otherwise noted

Lake Stevens Vikings

- Friday, Sept. 13 vs. Bellevue
- Friday, Sept. 20 vs. Cascade
- Friday, Sept. 27 @ Mariner
- Friday, Oct. 4 vs. Glacier Peak
- Friday, Oct. 11 vs. Jackson
- Friday, Oct. 18 vs. Ferndale
- Saturday, Oct. 26 @ Kamiak 3 p.m.
- Friday, Nov. 1 @ Arlington

All games are at 7 p.m. unless otherwise noted

Can Glacier Peak make it big this year?

By NATHAN WHALEN
contributing writer

With a lot of returners, the Glacier Peak Grizzlies are looking to make a run in the postseason in 2024.

"We think we can make a big run into the playoffs. We have high expectations," Glacier Peak Head Coach Shane Keck said, noting the team has a talented group of seniors.

Senior Lucas Entler returns as quarterback for the team's power spread offense. Entler was second-team, all-conference in 2023. He is smart and distributes the ball well, Keck said. "He does a really good job with what we ask him to do."

Keck highlighted left tackle Connor Aney. Aney is 6-foot-3, 290 pounds and is a two-time state heavy-weight wrestling champion. "He understands how to use his body and knows leverage." He described the starting running backs, senior Francis Crocker and junior Isaiah Owens, as a "thunder and lightning" combination. "Those two guys will be a dynamic 1-2 punch for us," Keck said.

Glacier Peak runs a 3-4 defense. Keck highlighted outside linebackers senior Nolan



Jon Brennan 2023 photo

Andahl and junior Luke Fullerton.

Cornerback Isaiah Olson, a junior, was first team all-conference last season and led the team in interceptions, Keck said. "He does a good job locking down the other team."

The Grizzlies finished their 2023 season with a record of 6-4, Keck noted the games which Glacier Peak lost were against teams that competed in the State tournament.

"We were a solid ball club,

but not played up to the standard we set for ourselves," Keck said.

Glacier Peak will be playing in a Wesco 4A conference that expanded to seven teams in 2024. Arlington and Cascade High of Everett moved up from 3A.

Keck called the expanded league "exciting." After playing in a five-team league for the past four seasons, the larger league will help with playoff seating and help strengthen the schedule.

Lake Stevens is the defending 4A state champions and Arlington advanced to the state 3A quarterfinals in 2023.

Glacier Peak opened its season Sept. 6 hosting Juanita High of Kirkland, taking a 33-20 win.

Glacier Peak plays against Snohomish High School Sept. 13 to play for the Dick Armstrong Cup and they travel to Lake Stevens Oct. 4.

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SCHEDULES

Monroe Bearcats

Friday, Sept. 13 @ Edmonds-Woodway, 8 p.m.
 Friday, Sept. 20 vs. Shorewood
 Friday, Sept. 27 vs. Everett
 Friday, Oct. 4 @ Mountlake Terrace, 8 p.m.
 Friday, Oct. 11 vs. Camas
 Friday, Oct. 18 @ Shorecrest
 Friday, Oct. 25 vs. Meadowdale
All games are at 7 p.m. unless otherwise noted

Cascade Bruins

Friday, Sept. 13 vs. Redmond, 8 p.m.
 Friday, Sept. 20 @ Lake Stevens
 Friday, Sept. 27 vs. Jackson, 6 p.m.
 Friday, Oct. 4 @ Arlington
 Friday, Oct. vs. Glacier Peak
 Friday, Oct. 18 @ Kamiak
 Friday, Oct. 25 @ Everett
 Friday, Nov. 1 vs. Mariner, 5 p.m.
All games are at 7 p.m. unless otherwise noted

Archbishop Murphy Wildcats

Friday, Sept. 13 vs. Burlington-Edison
 Friday, Sept. 20 vs. Squalicum
 Friday, Sept. 27 @ Bellingham
 Friday, Oct. 4 vs. Marysville-Pilchuck
 Friday, Oct. 11 vs. Anacortes
 Friday, Oct. 18 @ Lynden
 Thursday, Oct. 31 @ Sehome, 6 p.m.
All games are at 7 p.m. unless otherwise noted

Monroe aims to build on momentum

By MERRICK PARNELL
 contributing writer

The Monroe High School Bearcats are aiming to build on their 9-2 record and playoff appearance from last year. The Bearcats lost to Bellevue High School in the playoffs, but are shooting to win the Wesco South Conference for a fourth straight year.

Head Coach Scott Darrow has one other objective: "Our goal is to get better every day and be the best version of ourselves every week," he said.

He's been impressed with the turnout and work the team has put in this off-season.

"We've had a great summer and spring and we brought 65 kids to PLU (Pacific Lutheran University) camp, and we've had great numbers in the weight room," Darrow said. He said the team saw 100 players turn out for the season.

Darrow is hoping to see big things from his star players, however several key players from last season graduated.

He's confident in a core group on the roster expected to be significant contributors. Running back Carl Watson



Jim Scolman 2023 photo

is expected to play a significant role in Monroe's ground game, adding to the offense generated by wide receivers Mason Davis and Aaron Clifton.

Defensive lineman and tight end Brennan Shepard will anchor the Bearcats' defense in the trenches and contribute to the offense at the tight end spot.

The key players who graduated included their main quarterback Blake Springer, who plans to try out for the University of Montana football team in the spring. As a senior, Springer was 167 for

245 passing and racked up 2,649 yards with 32 touchdowns.

Other Monroe powerhouses who've graduated are solid running back Gavin Ranz, linebacker Biggie Notoa, one of the state's top linebackers, and wide receiver Ryan Miller, who'll play for George Fox University in Newberg, Oregon.

Springer said he believes the Bearcats will have a great season.

"I think the team has a chance at being great this year. A bunch of the starters have been playing for a

long time and been waiting their turn, and I know they are eager to get out there and play," he said.

Darrow has been the head coach since 2020 and has a long history as an assistant coach with the team and teaching at the school.

He said the Week 2 matchup against Edmonds-Woodway Sept. 13 will be a must-see because both teams finished in the top two in the conference standings last season. It's an away game at 7600 212th St. SW, Edmonds. The Bearcats' first home game is Sept. 20 against Shorewood.

Seagulls

Continued from page 7

spring scrimmages.

For the 3A team's season, Stewart highlights their season opener against Jackson High School, a team Everett defeated last year, and the "Battle of Broadway"



Doug Ramsay 2022 photo

against Cascade High School on Oct. 25 as key matchups. Other challenging games include matchups in Edmonds and against Monroe High School.

"Monroe is the class of the

conference and the standard-bearer; they are fundamentally sound, have a strong turnout, and are well-coached," Stewart said.

For the season, Everett High School has embraced two mottos: "Win and Learn" and "Embrace the Process."

"We talk about quality habits and being great at whatever we do," Stewart said. "We are excited to do the work and establish who we are."

Stewart, previously with Mariner High School, has

also coached at Meadowdale High School, Mercer Island High School and other Seattle-area schools. His coaching background includes stints at Western Washington University and with the Michigan Panthers in the United States Football League in the spring of 2022. He played as a linebacker at the University of Washington, where he was inducted into the Huskies Hall of Fame, and made it to the NFL with the Minnesota Vikings and the CFL with the Winnipeg Blue Bombers during the early 1980s.

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